
FLEURESSENCES

SPRING 2006

Galactic Grace Essences Website

Hi Everyone!

One of the ways that we are celebrating spring up here in the northwoods is with a brand new website for **Galactic Grace Essences**. These essences have proven to be precious gifts for our Light Body activations and a greater multidimensional experience. We are very proud to be able to offer them and love the way that they are helping you all evolve creatively into all that you are meant to be.

Here is what Neal Walsch has to say in ***Conversations with God*** about evolving:

"....There is only one purpose for all of life, and that is for you and all that lives to experience fullest glory. Everything else you say, think, or do is attendant to that function. There is nothing else for your soul to do, and nothing else your soul wants to do. The wonder of this purpose is that it is never-ending. An ending is a limitation, and God's purpose is without such a boundary. Should there come a moment in which you experience yourself in your fullest glory, you will in that moment imagine an even greater glory to fulfill. The more you are, the more you can become, and the more you can become, the more you can yet be. The deepest secret is that life is not a process of discovery, but a process of creation. You are not discovering yourself, but creating yourself anew. Seek, therefore, not to find out Who You Are, seek to determine Who You Want to Be..."

One of the difficulties in creating the **Galactic Grace Essences** website has been the struggle to find the language that accurately describes a process very few of us know much about. To fully integrate and translate vibrational imprints and information into ones own energy field from

Just for Fun

Our new column entitled ***Just For Fun*** will include informative and fun ideas that will help to bring about a greater understanding of the plant world and your interaction with it. We will cover specific essence making methods, rituals, and unique ways to care for your plants indoors and out.

Caring for Orchids

March is orchid blooming time at my house. Contrary to what some believe, it is not hard to get most orchids to bloom and most are relatively easy to grow. The in-house orchid specialist at my neighborhood greenhouse says that if you can grow African Violets, you can easily handle some of the easier orchids.

Orchids are one of the more evolved flower families. I marvel at how little food they need (they are watered with a weak orchid food solution occasionally) for they are expert at obtaining nourishment from the air around them.



Some of their specialized roots roam out of their pots to interact with the surrounding atmosphere which is preferably somewhat humid.

Galactic Grace Essences-continued from page 1

other realms is challenging enough: then to try to communicate the results to others - an even more difficult task. Below, we have tried to address in a brief fashion, some of the themes that have come up again and again, as related to Light Body Activation. We have covered these topics in greater detail at www.galacticgrace.com.

Ascension

Essentially, Ascension means that we are learning to translate and integrate increasingly higher frequencies of light that we download into physical matter. A result of this process is that our experience becomes less fixed and limitless. It brings about the capacity to interact with 4th dimensional and inter-dimensional beings on a regular basis.

Ascension of Planet Earth

Many realize that Planet Earth is also in the process of Ascension. Although to many, it seems overly idealistic, the process will bring about a much more magical and miraculous experience on the earth plane. You see, it can't help but happen. Humanity made a choice to experience free will so that it eventually, consciously, would evolve back to the exquisite and ecstatic state of Divine Will. Do you see the beauty of this journey?

The ecstatic choice to embrace Divine Will. And NOW is the time. All around you, in every moment of your experience, see everyone in the unfolding, luminous experience of choosing. Yes we see suffering, but each will, in a way that is for the benefit of their soul experience, get around to deciding on Divine Will and the suffering will stop. And if we can get out of the (erroneous?) paradigm of time that we have created for ourselves, we can see that it is happening almost instantaneously!

The Hundredth Monkey or "Tipping Point"

Movement towards Ascension really does involve individuals. The role of each individual assuming a higher frequency of light results in a shift for the collective consciousness.

As David Hawkins states in **The Eye of the I:**

"...there is some truth to the saying that the infinite power of God transmits itself down to beings on earth as though through a series of step-down transformers. Although the actual number of persons on the planet who calibrate negatively

Just For Fun-continued from page 1

One of the most difficult aspects of orchid cultivation is knowing when to water them. Orchids like specialized mixes for their roots that include bark, pieces of pumice and charcoal. It is difficult to put your finger on the bark and be able to tell how much moisture is available to them, especially if you are used to feeling your plant's soil to determine when to water.

Because we are not sure whether to water or not, our communication skills with the orchid have to necessarily come into play! This is where the fun begins! Connect with the elementals of the plants and the devas that are associated with caring for this orchid and simply ask them if the plant wants water! You will be told! I have learned that mature orchids like to be watered approximately weekly. They like warm water that runs over their leaves and roots.

Interestingly, they love to send a root out that reaches down from the pot to a crystal sitting on table beside the orchid's pot. My moth orchid loves amethyst. Believe it or not, my orchids tell me that they prefer that I leave the shades or curtains open at night so that they can see the stars!

I have over 65 orchid essences and slowly gather more as I am guided. Orchids have a great deal to tell us. They offer portals to unseen worlds. §

Quotation

Some of you may be reading **Conversations With God** by Neale Donald Walsch. Here is what God answers when He is asked how we might know that it is Him:

"...The challenge is one of discernment. The difficulty is knowing the difference between messages from God and data from other sources. Discrimination is a simple matter with the application of a basic rule: Mine is always your Highest Thought, your Clearest Word, your Grandest Feeling. Anything less is from another source....The Highest Thought is always that thought which contains joy. The Clearest Words are those words that contain truth. The Grandest Feeling is that feeling which you call love....."

Galactic Grace Essences-continued from page 2

far exceeds those who calibrate positively, their actual individual power is very small by comparison...."

Star Elementals

I had my first experience with Star Elementals on July 23, 2003. I was pretty familiar with the more earth based elementals since childhood, but I confess that the Star Elementals took me by complete surprise. This group of elementals govern the activity around atmospheric portals and intergalactic wormholes. They were the beings that coordinated the vibrational infusions of flowers (including strange etheric/galactic metal-like flowers), etheric gems and other vibrations not available on the earth plane for the **Galactic Grace Essences**. They have continued to serendipitously offer essences to help us to maintain a state of ease and grace as we evolve our Light Body.

Although this all seemed quite strange to me at the time, I have learned that there are advanced groups that know a great deal more about evolution into Light Bodies than anyone on the earth plane. And of course, one always insists on working with beings of Christ Frequency or Higher, this easily filters out any potential negative influence.

Having been raised by parents that were serious scientists gave me reason for skepticism. However, one day I read these words by Ervin Laszlo which helped me grow in confidence as related to my experience:

"...Can the human brain pick up interplanetary information? Very likely it can though our everyday logic suppresses it for being strange, without evident scientific origin. Traces of it can emerge nonetheless in altered states of consciousness, where the censorship that filters incoming information is temporarily lifted...at this crucial juncture in the evolution of human civilization, it would be of particular importance to open our minds to interplanetary information...."

The First Phase Essences for Light Body Activation

These essence combinations were the first that came once we learned that we were no longer restricted to working on the earth plane exclusively. There are essences for elevating our consciousness and releasing fear – **Leap of Faith**, opening the third eye and increasing divinely guided creativity - **River**

Galactic Grace Essences - continued from page 3

Flow ers and many others.

Essences that Enhance our Light Body Experience

These essence combinations help in many ways to further our experience of a life that we once only dreamed as possible. Essences are available for experiencing a high level of joy- **Soaring Dove**, high level prosperity consciousness and comfort - **Jennifer's Peace**, connecting with crystals - **Crystal Connection** and multidimensional travel - **Traveler**. See www.galacticgrace.com for many other combinations. §

Red Hibiscus

Hibiscous rosa sinensis sp.

Red Hibiscus is a valuable essence remedy for those who seek to constructively release any type of abuse, whether emotional, mental or physical, from this life or from other lives. The etheric body is adversely affected by emotional and mental abuse and hibiscus is a master at cleansing and repairing the etheric memory body in both situations.

Once the negative etheric memories are lifted from the other bodies, the physical body can more easily let go of the painful ways in which it had to store away painful memories. **Red Hibiscus** is of great assistance in the release of etheric imprints related to all types of abuse from past lives. Its service is to help us to release easily in a grace and flow that promises the letting go on all levels of these memories forever. §



The Elemental Realm

Some of you have asked about the difference between the elementals and the faerie/ deva realm. The quantum realm is the arena of the elementals. Elementals and other nature spirits are part of a subphylum of angelic beings who work to further God's plan on earth. There are earth, water, fire, air, ether and star elementals and they have the job of bringing energy into form. The faerie /deva realm has the job of maintaining the forms. I will go into greater detail in later newsletters.

A practical aspect related to elementals is that our health depends on them. Elementals from each of the categories co-exist and co-create together to sustain all physical and non-physical life here on earth. That includes our physical bodies.

If we are not feeling well or feeling out of balance, an aspect of us is denying elemental energies. Maintaining regular interactions with each level helps to restore our balance.

For access to the earth elementals, dig in the earth or sit at the base of a tree. For access to the water elementals swim in the ocean or go sailing. Sitting outside by a campfire is a natural way to access the fire elementals. Breathing fresh air by taking a vigorous long walk will bring the air and ether elementals your way and sitting under the stars magnetizes the star elementals. It is important that the elemental energies be received outdoors for their greatest impact. §

To Access Previous Newsletters:

Visit www.fleuressences.com. On the home page, click on to "Newsletter." The archives of previous newsletters will come up. Click on to the month you would like to read. The newsletters are easy to download and print out beautifully if you would like to experience their healing vibrations and read them at your leisure.

Back to Basics

Clearing

Our flower, gem and vibrational essences are filled with codes, activations and language and are meant for the energy systems adjusting to the Ascension process. As you begin to vibrate at higher levels, you will notice that you may begin to oscillate and then gradually upgrade to the frequency you are pursuing.

As this happens, "issues" that cannot remain in your energy system, because they hold a lower frequency, come up. Issues come up because they are lifting out of your field and you usually need to become aware of the fact that if you are upgrading, a lower negative thought pattern, for example, can no longer be a part of your energy system.

For example, if your energy system holds a great deal of the frequency of fear, (which vibrates at a low level and cannot be held in a Light Body Frequency), then you will become aware of the fear and release it from your field.

One of the many things that vibrational Essences do is to assist in this clearing process. Essences quickly clear and release patterns that otherwise might hang on for years.

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